

Supplementary table 2. Generalized linear model analysis (GLMM) in older adults with NC in MoCA scores

fixed effects			coefficients for fixed effects				
Effect	F Value	<i>p</i>	Effect	estimate	St Erro	t	<i>p</i>
corrected model	62.12	<0.001**	intercept	2.78	0.027	102.23	<0.001**
group	0.004	0.95	group=1a	-0.0007	0.012	-0.59	0.55
follow-up	1.178	0.28	follow-up=1b	-0.012	0.008	-1.56	0.12
group*follow-up	1.26	0.26	[group=1]*[follow-up=1]	0.012	0.011	1.12	0.26

Notes: (a)Group=1=intervention group;

(b) Follow-up=1=1-year follow-up.