# **Supplemental Material 2**

Supplemental Table 2. Newcastle-Ottawa Scale (NOS) for case-control studies

Supplemental Table 3. NOS Scores of the included case-control studies

Supplemental Table 4. Modified NOS for cross-sectional studies

Supplemental Table 5. Modified NOS Scores of the included cross-sectional studies

### Supplemental Table 2: Newcastle-Ottawa Scale (NOS) for case-control studies [1]

**Selection:** (Maximum 4 stars) \*\*\*\*

- 1. Is the Case Definition adequate?
  - a) Yes, with independent validation. \* (Independent or blind assessment stated in the paper, or confirmation by reference to secure records (x-rays, medical records, etc.)
  - b) Yes, e.g., record linkage or based on self-reports.
  - c) No description.

#### 2. Representativeness of the cases:

- a) Consecutive or obviously representative series of cases. \* (All eligible cases with outcome of interest over a defined period of time, or all cases in a defined catchment area, or all cases in a defined hospital or clinic, group of hospitals, health maintenance organization, or an appropriate sample of those cases e.g., random sample)
- b) Potential for selection biases or not stated.

#### 3. Selection of Controls:

Whether the control series used in the study is derived from the same population as the cases and essentially would have been cases had the outcome been present.

- a) Community controls. \* (same community as cases and would be cases if had outcome)
- b) Hospital controls. (within same community as cases, i.e., not another city, but derived from a hospitalized population)
- c) No description.

#### 4. Definition of Controls:

- a) No history of disease (endpoint). \* (If cases are first occurrence of outcome, then it must explicitly state that controls have no history of this outcome. If cases have new (not necessarily first) occurrence of outcome, then controls with previous occurrences of outcome of interest should not be excluded)
- b) No description of source.

### Comparability: (Maximum 2 stars) \*\*

1. Comparability of Cases and Controls on the basis of the design or analysis:

Either cases and controls must be matched in the design and/or confounders must be adjusted for in the analysis. Statements of no differences between groups or that differences were not statistically significant are not sufficient for establishing comparability.

- a) Study controls for the most important factor(s). \*
- b) Study controls for any additional factor. \*
- c) None of the above.

### Exposure: (Maximum 3 stars) \*\*\*

- 1. Ascertainment of exposure:
  - a) Secure record. \*
  - b) Structured interview where blind to case/control status. \*
  - c) Interviewer not blinded to case/control status.
  - d) Written self-report or medical record only.
  - e) No description.

- 2. Same method of ascertainment for Cases and Controls:
  - a) Yes. \*
  - b) No.
- 3. Non-response rate:
  - a) Same rate for both groups. \*
  - b) Non respondents described.
  - c) Rate is different and no designation.

**Total quality scoring (**Maximum 9 stars):

a) High: 7-9

b) Moderate: 5-6

c) Low: 0-4

\* This scoring system is based on previous reviews [2, 3].

# Supplemental Table 3: NOS Scores of the included case-control studies (n = 1)

		Seld	ection			Compa	rability						
Study	Adequacy of case definition	Representativeness of the cases	Selection of controls	Definition of controls	Selection Score	Comparability of cases and controls	Comparability Score	Ascertainment of Exposure	Same method of ascertainment for cases and controls	Non- response rate	Exposure Score	Total Stars	Total Quality
Shalash et al., 2020 <sup>[4]</sup>	-	-	*	*	2	*	1	-	*	-	1	4	Low

### **Supplemental Table 4: Modified NOS for cross-sectional studies** [5]

Quality Score: (Low:  $\leq 4$ ; Moderate: 5-6; High:  $\geq 7$ )

**Selection:** (Maximum 5 stars) \*\*\*\*\*

- 1. Representativeness of the sample:
  - a) Truly representative of the average in the target population. \* (All subjects of the target population were successfully enrolled, or random sampling)
  - b) Somewhat representative of the average in the target population. \* (Non-random sampling e.g., snow-ball sampling, purposive sample etc.)
  - c) Selected group of users or convenience sample.
  - d) No description of the sampling strategy.

#### 2. Sample size:

- a) Justified and satisfactory. \* (Calculated and met, or if the whole target population was included)
- b) Not justified, or no information provided.

#### 3. Non-respondents:

- a) Comparability between respondents and non-respondents characteristics is established, or basic summary of non-respondent characteristics in sampling frame recorded, and the response rate is satisfactory. (>60%) \*
- b) Comparability between respondents and non-respondents is unsatisfactory, or no summary data on non-respondents, or the response rate is unsatisfactory.
- c) No description of the response rate or the characteristics of the responders and the non-respondents.
- 4. Ascertainment of the exposure (risk factor):
  - a) Validated measurement tool. \*\*
  - b) Non-validated measurement tool, but the tool is available or described. \*
  - c) No description of the measurement tool.
  - d) Not applicable. (Purely descriptive study not evaluating the effects of any risk factors)

#### Comparability: (Maximum 2 stars) \*\*

- 1. The subjects in different outcome groups are comparable, based on the study design or analysis. Confounding factors are controlled.
  - a) The study controls for the most important factors. \* (Data/ results adjusted for relevant predictors/risk factors/confounders e.g., age, sex, etc.)
  - b) The study control for any additional factor. \*
  - c) Data/results not adjusted for the most important factors, or information not provided.

### Outcome: (Maximum 3 stars) \*\*\*

- 1. Assessment of the outcome:
  - a) Independent blind assessment. \*\*
  - b) Record linkage or Clinical record. \*\* (e.g., identified through ICD codes on database records)
  - c) Self-report \*
  - d) No description
- 2. Statistical test:
  - a) Statistical tests used to analyze the data are clearly described, appropriate and the measures of association are presented. \* (Including OR, CI and P value, or Beta coefficient, SE and P value)
  - b) Statistical tests are not appropriate, not described or incomplete.

#### **Total quality scoring (**Maximum 10 stars):

- d) High: 7-10
- e) Moderate: 5-6
- f) Low: 0-4

# Supplemental Table 5: Modified NOS scores of the included cross-sectional studies (n = 81)

		Select	ion			Compa	rability		Outcome			
Study	Representativeness of the sample	Sample Size	Non- Respondents	Ascertainment of Exposure	Selection Score	Comparability between subjects in different outcome groups	Comparability Score	Assessment of the outcome	Statistical Tests	Outcome Score	Total Stars	Total Quality
Abdel Jalil et al., 2020 <sup>[6]</sup>	*	*	-	*	3	**	2	*	*	2	7	High
Abdulah et al., 2020 <sup>[7]</sup>	*	*	*	*	4	-	0	*	*	2	6	Moderate
Abolfotouh et al., 2020 <sup>[8]</sup>	*	*	*	*	4	**	2	*	*	2	8	High
Ahmad et al., 2020 <sup>[9]</sup>	-	-	-	*	1	-	0	*	*	2	3	Low
Al Issa et al., 2021 <sup>[10]</sup>	*	*	-	**	4	*	1	*	*	2	7	High
Al Omari et al., 2020 <sup>[11]</sup>	-	*	-	*	2	*	1	*	*	2	5	Moderate
Al Sulais et al., 2020 <sup>[12]</sup>	*	-	-	*	2	**	2	*	*	2	6	Moderate
Alasousi et al., 2020 <sup>[13]</sup>	*	-	-	*	2	**	2	*	*	2	6	Moderate
AlAteeq, Aljhani, & AlEesa, 2020 <sup>[14]</sup>	*	-	-	*	2	-	0	*	*	2	4	Low

AlAteeq, Aljhani, Althiyabi, et al., 2020 <sup>[15]</sup>	*	*	-	**	4	**	2	*	*	2	8	High
Alatrany, 2020 <sup>[16]</sup>	-	-	-	*	1	-	0	*	-	1	2	Low
Alenazi et al., 2020 <sup>[17]</sup>	*	*	-	*	3	**	2	*	*	2	7	High
Al-Hanawi et al., 2020 <sup>[18]</sup>	-	-	-	*	1	*	1	*	*	2	4	Low
Al-Hashel et al., 2020 <sup>[19]</sup>	*	-	-	*	2	**	2	*	*	2	6	Moderate
Ali et al., 2020 <sup>[20]</sup>	*	*	-	*	3	-	0	*	*	2	5	Moderate
Alkhamees et al., 2020 <sup>[21]</sup>	*	*	-	*	3	-	0	*	*	2	5	Moderate
Alkhotani et al., 2020 <sup>[22]</sup>	*	-	*	*	3	-	0	*	*	2	5	Moderate
Almater et al., 2020 <sup>[23]</sup>	*	-	-	*	2	-	0	*	*	2	4	Low
Al- Musharaf, 2020 <sup>[24]</sup>	*	*	-	**	4	**	2	*	*	2	8	High
Alnasrallah et al., 2020 <sup>[25]</sup>	-	-	-	*	1	-	0	*	*	2	3	Low
Al-Qahtani et al., 2020 <sup>[26]</sup>	*	*	-	**	4	-	0	*	*	2	6	Moderate

Alrubaiee et al.,	*	_	-	*	2	-	0	*	*	2	4	Low
$2020^{[27]}$												
Alsaqri et al., 2020 <sup>[28]</sup>	*	*	-	**	2	1	0	*	*	2	4	Low
Alshekaili et al., 2020 <sup>[29]</sup>	*	*	-	*	3	**	2	*	*	2	7	High
Al- Tammemi et al., 2020 <sup>[30]</sup>	*	-	-	*	2	**	2	*	*	2	6	Moderate
Aly et al., 2020 <sup>[31]</sup>	*	*	-	-	2	-	0	*	-	1	3	Low
Ammar et al., 2020 <sup>[32]</sup>	-	-	-	*	1	1	0	*	*	2	3	Low
Arafa et al., 2020 <sup>[33]</sup>	*	*	-	*	3	**	2	*	*	2	7	High
Arafa et al., 2021 <sup>[34]</sup>	*	-	-	*	2	**	2	*	*	2	6	Moderate
Azizi et al., 2020 <sup>[35]</sup>	-	-	-	*	1	1	0	*	*	2	3	Low
Badahdah et al., 2020 <sup>[36]</sup>	*	-	-	*	1	1	0	*	ı	1	2	Low
Blbas et al., 2020 <sup>[37]</sup>	-	-	-	*	1	1	0	*	*	2	3	Low
Burhamah et al., 2020 <sup>[38]</sup>	-	*	-	*	2	**	2	*	*	2	6	Moderate
Drissi et al., 2020 <sup>[39]</sup>	*	-	-	*	2	-	0	*	-	1	3	Low
El Keshky et al., 2020 <sup>[40]</sup>	*	-	-	**	3	**	2	*	*	2	7	High

Elhadi et al., 2020 <sup>[41]</sup>	*	-	-	*	2	-	0	*	*	2	4	Low
Elkholy et al., 2020 <sup>[42]</sup>	*	*	-	*	3	**	2	*	*	2	7	High
El-Zoghby et al., 2020 <sup>[43]</sup>	*	-	-	*	2	**	2	*	*	2	6	Moderate
Farrell et al., 2020 <sup>[44]</sup>	*	*	-	*	3	1	0	*	*	2	5	Moderate
Fawaz et al., 2020 <sup>[45]</sup>	*	-	*	*	3	**	2	*	*	2	7	High
Fekih-Romdhane, Ghrissi, et al., 2020 <sup>[46]</sup>	*	-	-	**	3	**	2	*	*	2	7	High
Fekih- Romdhane, Snene, et al., 2020 <sup>[47]</sup>	-	-	-	**	2	**	2	*	*	2	6	Moderate
H. S. Alyami et al., 2020 <sup>[48]</sup>	-	*	-	*	2	*	1	*	*	2	5	Moderate
Haider et al., 2020 <sup>[49]</sup>	-	-	-	-	0	-	0	*	-	1	1	Low
Halayem et al., 2020 <sup>[50]</sup>	-	-	-	**	2	1	0	*	*	2	4	Low
Hamdan Mansour et al., 2020 <sup>[51]</sup>	*	-	-	*	2	1	0	*	*	2	4	Low
Hawari et al., 2020 <sup>[52]</sup>	*	-	-	*	2	**	2	*	*	2	6	Moderate
Hendy et al., 2021 <sup>[53]</sup>	*	-	*	*	3	**	2	*	*	2	7	High
Iqbal et al., 2020 <sup>[54]</sup>	*	-	-	*	2	-	0	**	*	3	5	Moderate

Jahrami et al., 2020 <sup>[55]</sup>	*	-	*	**	4	**	2	*	*	2	8	High
Janati Idrissi et al., 2020 <sup>[56]</sup>	-	-	-	**	2	*	1	*	*	2	5	Moderate
Joseph et al., 2020 <sup>[57]</sup>	-	-	-	*	1	**	2	*	*	2	5	Moderate
M. A. Ahmed et al., 2020 <sup>[58]</sup>	*	-	-	-	1	-	0	*	-	1	2	Low
M. Alyami et al., 2020 <sup>[59]</sup>	*	-	-	**	3	-	0	*	*	2	5	Moderate
M. H. Temsah et al., 2020 <sup>[60]</sup>	*	-	*	*	3	**	2	*	*	2	7	High
MH. Temsah et al., 2020 <sup>[61]</sup>	*	-	*	*	3	**	2	*	-	1	6	Moderate
Madani et al., 2020 <sup>[62]</sup>	*	-	-	*	2	*	1	*	*	2	5	Moderate
Maraqa et al., 2020 <sup>[63]</sup>	*	*	-	*	3	-	0	*	*	2	5	Moderate
Metwally et al., 2020 <sup>[64]</sup>	*	*	*	*	4	*	1	*	*	2	7	High
Mohamed- Azzam Zakout et al., 2020 <sup>[65]</sup>	-	-	-	*	1	-	0	*	*	2	3	Low
Mosli et al., 2020 <sup>[66]</sup>	*	-	-	*	2	**	2	*	*	2	6	Moderate
Naser et al., 2020 <sup>[67]</sup>	-	*	-	*	2	**	2	*	*	2	6	Moderate
Öcal et al., 2020 <sup>[68]</sup>	*	-	-	*	2	**	2	*	*	2	6	Moderate

Olaimat et al., 2020 <sup>[69]</sup>	*	*	-	*	3	-	0	*	*	2	5	Moderate
Rahali et al., 2020 <sup>[70]</sup>	*	-	-	**	3	-	0	*	*	2	5	Moderate
Saddik, Hussein, Albanna, et al., 2020 <sup>[71]</sup>	*	*	-	**	4	**	2	*	*	2	8	High
Saddik, Hussein, Sharif- Askari, et al., 2020 <sup>[72]</sup>	*	*	-	*	3	*	1	*	*	2	6	Moderate
Said et al., 2020 <sup>[73]</sup>	*	*	-	*	3	**	2	*	*	2	7	High
Sallam, Dababseh, Yaseen, Al-Haidar, Ababneh, et al., 2020 <sup>[74]</sup>	*	-	-	*	2	-	0	*	*	2	4	Low
Sallam, Dababseh, Yaseen, Al-Haidar, Taim, et al., 2020 <sup>[75]</sup>	*	-	-	*	2	-	0	*	*	2	4	Low
Sameer et al., 2020 <sup>[76]</sup>	*	-	-	*	2	-	0	*	*	2	4	Low
Samrah et al., 2020 <sup>[77]</sup>	*	*	*	**	5	-	0	**	-	2	7	High
Sediri et al., 2020 <sup>[78]</sup>	*	-	-	**	3	-	0	*	*	2	5	Moderate
Sfendla et al., 2020 <sup>[79]</sup>	*	-	-	**	3	**	2	*	*	2	7	High

Shahrour et al., 2020 <sup>[80]</sup>	*	*	-	**	4	**	2	*	*	2	8	High
Slimani et al., 2020 <sup>[81]</sup>	*	-	*	**	4	-	0	*	*	2	6	Moderate
Suleiman et al., 2020 <sup>[82]</sup>	*	-	-	*	2	**	2	*	-	1	5	Moderate
Tayyib et al., 2020 <sup>[83]</sup>	*	*	*	*	4	**	2	*	*	2	8	High
Thomas et al., 2020 <sup>[84]</sup>	-	-	-	*	1	*	1	*	*	2	4	Low
Vally, 2020 <sup>[85]</sup>	-	-	-	**	2	**	2	*	*	2	6	Moderate
Z. M. Ahmed et al., 2020 <sup>[86]</sup>	*	*	*	**	5	**	2	**	*	3	10	High

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