Face and object visual working memory deficits in first-episode schizophrenia correlate with multiple neurocognitive performances

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ABSTRACT

Background Working memory (WM) deficit is considered a core feature and cognitive biomarker in patients with schizophrenia. Several studies have reported prominent object WM deficits in patients with schizophrenia, suggesting that visual WM in these patients extends to non-spatial domains. However, whether non-spatial WM is similarly affected remains unclear.

Aim This study primarily aimed to identify the processing of visual object WM in patients with first-episode schizophrenia.

Methods The study included 36 patients with first-episode schizophrenia and 35 healthy controls. Visual object WM capacity, including face and house WM capacity, was assessed by means of delayed matching-to-sample visual WM tasks, in which participants must distribute memory so that they can discriminate a target sample. We specifically examined their anhedonia experience by the Temporal Experience of Pleasure Scale and the Snaith-Hamilton Pleasure Scale. Cognitive performance was measured by the Repeatable Battery for the Assessment of Neuropsychological Status (RBANS).

Results Both face and house WM capacity was significantly impaired in patients with schizophrenia. For both tasks, the performance of all the subjects was worse under the high-load condition than under the low-load condition. We found that WM capacity was highly positively correlated with the performance on RBANS total scores ($r=-0.528$, $p=0.005$), RBANS delayed memory scores ($r=-0.470$, $p=0.013$), RBANS attention scores ($r=-0.584$, $p=0.001$), RBANS language scores ($r=-0.448$, $p=0.019$), Trail-Making Test: Part A raw scores ($r=0.465$, $p=0.015$) and simple IQ total scores ($r=-0.538$, $p=0.005$), and correlated with scores of the vocabulary test ($r=-0.490$, $p=0.011$) and scores of the Block Diagram Test ($r=-0.426$, $p=0.027$) in schizophrenia. No significant correlations were observed between WM capacity and Positive and Negative Syndrome Scale symptoms.

Conclusions Our research found that visual object WM capacity is dramatically impaired in patients with schizophrenia and is strongly correlated with other measures of cognition, suggesting a mechanism that is critical in explaining a portion of the broad cognitive deficits observed in schizophrenia.

INTRODUCTION

Schizophrenia is a severe, chronic and socially disabling mental disorder. Patients with schizophrenia suffer from delusions, hallucinations and multiple cognitive deficits. Working memory (WM) deficit is considered a core feature and cognitive biomarker in patients with schizophrenia.^{1–6}

WM, a cognitive system that is responsible for temporarily holding information available for processing, is important for reasoning, decision-making and social behaviour.⁷ WM has been considered the central foundation of human high-level cognitive activity. It enables the interactions of multiple information from memory, sensory experience and motor control into process-oriented behaviour.⁸ The disturbance of this system can result in dysfunction of cognitive organisation, failure of self-monitoring, distractibility and other phenotypical features of schizophrenia.

WM involves three phases: novel information encoding; maintenance, updating and manipulation; and information retrieval.^{9–12} Researchers have demonstrated experimentally that neurons in the prefrontal cortex generate persistent firing to retain information.^{13 14} A number of studies have documented WM deficits in patients with schizophrenia. Zhang *et al* examined factors that exhibited influence on visual WM and demonstrated relationships between visual WM and multiple hospitalisations and the suffering caused by severe negative symptoms in patients with adult-onset schizophrenia.¹⁵ Gan *et al* found that patients with schizophrenia showed poor performance in the n-back task than patients with methamphetamine-associated psychosis.¹⁶ Studies on specific aspects of WM may provide pivotal evidence for the aetiology of a disease.

Functional MRI (fMRI) studies also provided detailed evidence that the superior part of the ventrolateral prefrontal cortex (VLPFC) is likely involved in encoding of visual WM information^{17 18}; the dorsolateral prefrontal cortex (DLPFC) is crucial for maintenance^{19–21} and the inferior portion of the VLPFC is particularly important for retrieval.^{22 23} fMRI studies have suggested that visuospatial WM impairment is associated with reduced prefrontal neuronal activation.^{24–26} Schlösser *et al* reported a reduced activation in the anterior cingulate cortex and the DLPFC in patients with schizophrenia during the encoding phase of WM.²⁷ The meta-analysis of fMRI studies has consistently documented an abnormal activation in the DLPFC during WM in patients with schizophrenia.^{27–29} Additionally, positron emission tomography has revealed a functional disconnection in prefrontal–parietal networks during WM processing in these patients.³⁰

Their findings have confirmed that WM is a robust feature of schizophrenia across different paradigms, especially in visuospatial WM tasks.^{25 26} However, whether the visual WM deficit extends to non-spatial domains remains unknown. Several studies have reported prominent object WM deficits in patients with schizophrenia, suggesting that visual WM in these patients extends to non-spatial domains.^{31–33}

This study primarily aimed to identify the processing of visual object WM, including house and face WM, processing under different condition levels of memory load in patients with first-episode schizophrenia. Studies of non-spatial WM could greatly advance our understanding of the capacity of visual WM in patients with schizophrenia. Further, the two visual tasks we applied could be used to distinguish different types of visual stimuli, especially in recognition of face specificity.^{32 34} Additionally, this study was designed to explore the relation patterns between WM capacity, including clinical symptoms and other functions, during visual object WM processing in patients with schizophrenia in comparison with healthy control participants. We hypothesised that patients with schizophrenia would show a reduced visual object WM processing and association with cognitive performances.

METHODS

Subjects

Of the final 71 subjects recruited and divided into two groups, 36 were patients with first-episode schizophrenia and 35 were healthy controls. All the subjects were collected from the Affiliated Brain Hospital. Patients with schizophrenia were diagnosed by experienced clinical psychiatrists. Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV)³⁵ criteria were used to confirm the diagnosis of patients with schizophrenia.

All the participants were subjected to stringent inclusion pipeline management in accordance with the following criteria: (1) subjects should be within the age range of 17–50 years in both groups; (2) subjects in the

patients group were all diagnosed with schizophrenia for the first time, with illness duration of no more than 2 years, and they received antipsychotic therapy in less than 1 year before the time of enrolment; (3) subjects in the control group were collected from the community, did not meet the criteria set by the Criteria of Psychosis-Risk Syndromes or DSM-IV and had no documented family history of psychiatric problems or medications; and (4) subjects received formal education of no less than 6 years; (5) subjects had normal or corrected-to-normal vision and (6) subjects were right-handed.

The exclusion criteria for the subjects were as follows: (1) subjects who met DSM-IV criteria for any psychotic disorder or had delirium, dementia, amnesia or other severe cognitive impairment in the past or intellectual developmental disabilities (IQ < 70) before their schizophrenia diagnosis was made; (2) clinically significant somatic diseases; (3) substance abuse in the past 3 months; (4) subjects with a documented history of brain injury, epilepsy or other known diseases of the central nervous system; (5) subjects who underwent MECT (Modified Electric Convulsive Therapy) in the past 6 months; (6) women subjects with a documented history of recent pregnancy or abortion and (7) subjects with hearing impairments.

Cognitive and general psychiatric assessments

All the participants received a demographic questionnaire about age, gender, degree of education, marriage and family history of mental illness. The psychotic symptoms of the patients with schizophrenia were assessed by two trained psychiatrists or psychologists using the Positive and Negative Syndrome Scale (PANSS).³⁶ The Temporal Experience of Pleasure Scale³⁷ and the Snaith-Hamilton Pleasure Scale³⁸ were applied to test the anhedonia experience of patients with schizophrenia. We further examined the relationship between anhedonia experience and cognitive performance of schizophrenia. The Personal and Social Performance Scale³⁹ was used to test the social functioning of these patients. The antipsychotic medication status, including drug types, duration of medication therapy and chlorpromazine equivalent doses at the time of testing, is recorded in table 1. The auditory hallucination conditions of all the patients were also assessed (see flowchart in figure 1).

Simple IQ tests, including Block Diagram Test and Vocabulary Test, were administered to examine the innate and acquired IQ of all the subjects. Repeatable Battery for the Assessment of Neuropsychological Status (RBANS),^{40 41} Trail-Making Test: Part A (TMT-A) and Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT): Managing Emotions tests in the MATRICS Consensus Cognitive Battery^{42 43} were used to evaluate the cognitive performance of each subject. Cognitive evaluation was carried out by trained and certified psychiatrists, psychologists or neuropsychological examiners.

Table 1 Demographic and clinical characteristics

Characteristics	SCZ		CON		Statistics	
	n	Mean (SD)	n	Mean (SD)	t	P value
Age	31	25.0 (6.8)	33	24.2 (5.0)	t=0.486	0.629
Gender (M/F)	31	17/14	33	16/17	R ² =0.258	0.611
Year of education	31	11.1 (3.3)	33	11.7 (3.1)	t=-0.716	0.477
Married (Y/N)	31	11/20	33	8/25		
Handedness (R/L)	31	30/1	33	31/2		
Family history (Y/N)	31	7/24		0/33		
Simple IQ	30	96.1 (13.2)**	33	106.2 (12.1)	t=3.155	0.002
Block Diagram Test	31	8.9 (2.7)***	33	11.5 (2.5)	t=-3.879	<0.001
Vocabulary	30	9.7 (2.7)	33	10.7 (2.2)	t=-1.650	0.104
RBANS total	31	368.3 (61.7)***	32	439.7 (49.8)	t=-5.061	<0.001
Immediate memory	31	57.1 (16.8)***	33	75.4 (13.9)	t=-4.758	<0.001
Visual span	31	76.6 (13.6)**	33	87.3 (15.2)	t=-2.983	0.004
Language	31	71.8 (19.8)***	33	89.4 (16.1)	t=-3.919	<0.001
Attention	31	92.7 (17.9)*	32	103.1 (13.5)	t=-2.593	0.012
Delayed memory	31	70.1 (17.9)***	33	85.6 (10.9)	t=-4.204	<0.001
TMT-A	31	52.3 (19.7)**	33	38.6 (13.4)	t=-3.282	0.002
MSCEIT	31	80.3 (9.6)	33	84.1 (6.8)	t=1.840	0.071
TEPS total	29	67.8 (11.7)	33	72.8 (9.4)	t=-1.891	0.063
SHAPS total	31	30.4 (5.3)	33	32.9 (5.2)	t=-1.885	0.064
Duration of illness (months)	31	8.5 (7.0)				
Age of first episode	31	24.0 (6.8)				
Medication status at time of testing						
None medicated	8					
Antipsychotic	20					
Atypical	18					
Atypical+traditional	2					
Antidepressant	1					
Unknown medication	2					
Duration of medication treatment (days)	31	26.4 (37.2)				
Chlorpromazine equivalents (mg)	31	222.1 (244.4)				
PANSS total	31	65.6 (15.0)				
PANSS positive	31	17.6 (5.1)				
PANSS negative	31	13.7 (4.1)				
PANSS general	31	34.3 (8.6)				
PSP total	31	55.4 (15.3)				
Past hospitalisation history (Y/N)	31	3/28				
Auditory hallucination (Y/N)	31	20/11				

Levels of significance: *p< 0.05, **p< 0.01, ***p<0.001

CON, healthy controls; F, female; L, left; M, male; MSCEIT, Mayer-Salovey-Caruso Emotional Intelligence Test; N, no; PANSS, Positive and Negative Syndrome Scale; PSP, Personal and Social Performance Scale; R, right; RBANS, Repeatable Battery for the Assessment of Neuropsychological Status; SCZ, patients with schizophrenia; SHAPS, Snaith-Hamilton Pleasure Scale; TEPS, Temporal Experience of Pleasure Scale; TMT-A, Trail-Making Test: Part A; Y, yes.

Stimuli and procedures of WM experiments

Our research aimed to investigate the visual WM capacity of patients with schizophrenia and the healthy controls. The experiments were performed in a quiet, dimly lit room. The tasks were programmed in a custom-made

MATLAB (MathWorks) algorithm, and the stimuli were generated with the Psychtoolbox V.3.0 for MATLAB (<http://psychtoolbox.org>).

A delayed matching-to-sample (DMTS) paradigm was applied to administer visual WM experiments. Face and

Figure 1 Flowchart.

house stimuli were included; high and low conditions of memory load were designed in each experiment. During each task, the visual WM stimuli were presented on a 19-inch Dell LCD monitor at a nominal viewing distance of 60 cm with a screen spatial display resolution of 1024×768 DPI and a 60 Hz refresh rate. All the subjects were instructed to sit comfortably throughout the whole experiment and to keep their eyes fixated on the small white fixation cross displayed on the centre of the monitor before the next trial and rest interval.

House WM experiment

In the house task, 64 house pictures were selected from the internet via Google and other search engines. Photoshop was used to match the root mean square contrast and brightness of these house pictures. All the pictures were of the same size, extended to $1.93^{\circ} \times 2.10^{\circ}$ and converted to grayscale.

The house WM experiment contained three blocks. Each block included 40 trials in which one-half was performed under the low-load condition, whereas the other half was performed under the high-load condition. One house sample was included under the condition of low visual memory load, whereas two house samples were included under the condition of high visual memory load. Trials began with the presentation of a fixation cross on the monitor screen for 1000–2000 ms random duration. Subsequently, one or two samples were presented on the monitor screen for 600 ms. All the participants were required to try their best to maintain the content of the houses presented on the monitor for 3000 ms before

Figure 2 Example of working memory task under low-load (one sample picture) or high-load (two sample pictures) condition of house stimulus.

recognition. Each sample was displayed at the four positions relative to the fixation on the centre of the screen: top-left, bottom-left, top-right and bottom-right. Additionally, the centre of each sample was set 2.47° away from the central fixation cross during the encoding phase. The target probe house was then presented on the screen for 600 ms. All the participants were asked to judge whether the target matched one of the original samples presented during the encoding phase. The subjects were instructed to press the ‘n’ key if the probe matched one of the samples as fast and accurately as possible and to press the ‘m’ key if the probe did not match one of the samples (see the procedure in [figure 2](#)). Each participant has free time to make response. Under each load condition, the probe and the samples were half matched. In each block, the order of the four kinds of houses in these trials was counterbalanced (low or high by matched or unmatched).

Face WM experiment

The procedure of the face WM task was the same as that of the house WM experiment, only the house pictures were replaced with face pictures. The 64 face samples applied were selected from the Chinese facial affective picture system.⁴⁴ These faces included 32 women and 32 men with a neutral expression, and their outer features (ears, hairs and face contour) were excluded.

Statistical analysis

Statistical analyses were conducted in SPSS V.23. Differences in demographics (age, gender and education) and clinical and cognitive data were compared between groups by using independent-samples t-tests and χ^2 tests. Mixed model analyses of variance (ANOVAs) were conducted to analyse the data on reaction time (RT) and accuracy from the visual WM experiments that involved two visual WM stimuli (house and face) under two memory load conditions (high and low) in the two groups (patients with schizophrenia and healthy controls). Pearson correlations were performed between the behavioural data and the performance, including clinical symptoms, medication dosages and cognitive function. A post hoc test was conducted for the correlations. Protected correction levels were Benjamini and Hochberg’s (BH) corrected significance level (at $\alpha=0.05$) for correlations between a specific variable and the data on accuracy and RT.

RESULTS

Demographic, clinical and cognitive characteristics

A total of 67 subjects completed the behavioural experiments for analysis. This data set included 32 patients with schizophrenia and 35 healthy controls. Demographic and clinical data, which include age, gender, years of education, medication status at time of testing and PANSS symptom rating, are presented in [table 1](#). Age, gender or education did not significantly differ between the subjects of the two groups. In this sample, the patients had the diagnosis of schizophrenia for an average of 8.5 months.

Table 2 Behavioural results

Group	SCZ (n=32 bv)	CON (n=35)	Statistics		
	Mean (SD)	Mean (SD)	t	df	P value
Face low-load RT	0.873 (0.467)**	0.596 (0.268)	-2.940	65	0.004
Face high-load RT	1.044 (0.521)**	0.706 (0.246)	-3.429	64	0.001
Face low-load accuracy	0.770 (0.126)**	0.875 (0.114)	3.561	65	0.001
Face high-load accuracy	0.610 (0.083)***	0.702 (0.073)	4.873	65	<0.001
House low-load RT	0.830 (0.347)***	0.557 (0.240)	-3.718	65	<0.001
House high-load RT	0.864 (0.221)**	0.683 (0.208)	3.406	63	0.001
House low-load accuracy	0.772 (0.152)***	0.900 (0.106)	3.976	65	<0.001
House high-load accuracy	0.640 (0.084)**	0.704 (0.092)	2.979	65	0.004

Levels of significance: **p<0.01, ***p<0.001.

CON, healthy controls; RT, reaction time; SCZ, patients with schizophrenia.

The treatment doses of antipsychotics were converted to their equivalent in chlorpromazine dosage.

Behavioural data

Accuracy and RT were calculated and used to evaluate the WM performance of the subjects. Four subjects in the schizophrenia group were excluded from the final statistical analyses because of more than 50% missing data on behavioural tests. The accuracy and RT data were subjected to two conditions (face and house) by two memory load conditions (high and low) and by the two groups' (patients with schizophrenia and healthy controls) ANOVAs.

Behavioural results are presented in table 2. ANOVA on accuracy revealed the main significant effects of group ($F=56.49$, $p<0.001$) and memory load ($F=165.14$, $p<0.001$). The accuracy of the patients with schizophrenia was lower than that of the controls under a certain memory load condition. The stimuli had no main effect ($F=1.29$, $p=0.257$). In addition, no significant interaction was observed between group and memory load ($F=2.13$, $p=0.146$) or between group and stimulus task ($F=0.008$, $p=0.927$). ANOVA on RT also showed the main significant effects of group ($F=43.80$, $p<0.001$) and memory load ($F=7.55$, $p=0.006$). The RT of the patients with schizophrenia was slower than that of controls under a certain

memory load condition. The stimuli had no main effect ($F=2.86$, $p=0.092$). In addition, no significant interaction was observed between group and memory load ($F=0.037$, $p=0.848$) or between group and stimulus ($F=0.966$, $p=0.327$).

The main significant effect of memory load indicated that memory load influenced the visual WM capacity of all the participants. The accuracy of the patients and the controls was lower under the high-load memory condition than under the low-load memory condition. The RT of the patients and the controls was slower under the high-load memory condition than under the low-load memory condition (see figure 3).

The stimuli showed no main effects on RT and accuracy. As such, further comparisons were made between the two stimuli in each group. However, the accuracy of the patients with schizophrenia ($t=2.376$, $df=31$, $p=0.024$) and the controls ($t=3.104$, $df=34$, $p=0.004$) was lower in the face WM task compared with that in the house WM task (see details in figure 4).

Correlations

Pearson correlation analysis was performed between the WM capacity and these features, including clinical symptoms, medication dosages, illness duration and cognitive performances, in patients with schizophrenia.

The results showed no significant correlations survived the Benjamini and Hochberg (BH)-protected correction between WM capacity and any clinical features in patients with schizophrenia. Correlations that survived the BH-protected correction were found between WM capacity and cognitive performances. The significant correlations were as follows: RT under the low-load condition of the face task was correlated with RBANS total scores ($r=-0.528$, $p=0.005$), RBANS delayed memory scores ($r=-0.470$, $p=0.013$), RBANS attention scores ($r=-0.584$, $p=0.001$), RBANS language scores ($r=-0.448$, $p=0.019$), TMT-A raw scores ($r=0.465$, $p=0.015$) and simple IQ total scores ($r=-0.538$, $p=0.005$) and correlated with scores of the vocabulary test ($r=-0.490$, $p=0.011$) and scores of

Figure 3 Face and house working memory across different conditions of memory load in group of patients with schizophrenia and controls. Levels of significance: **p<0.01, ***p<0.001. CON, healthy control; RT, reaction time; SCZ, patient with schizophrenia.

Figure 4 Accuracy of face and house working memory task in groups of patients with schizophrenia and healthy controls. * $P < 0.05$, ** $P < 0.01$. CON, healthy control; SCZ, patient with schizophrenia.

the Block Diagram Test ($r = -0.426$, $p = 0.027$). Our study observed that no significant correlation survived the BH-protected correction between WM capacity and clinical features.

DISCUSSION

Main findings

This study aimed to explore visual object WM capacity in patients with schizophrenia. The WM performance of all the subjects was worse under the high-load condition than under the low-load condition in the two tasks. The RT of all the participants showed no significant differences between the house or face task. However, the accuracy of all the participants was worse during the face task than during the house task. Additionally, face WM capacity was significantly correlated with multiple cognitive performances. No correlations were observed between WM capacity and clinical features. These results indicated that the house and face WM capacity of patients with schizophrenia were significantly impaired compared with that of controls, and a common mechanism explains impaired WM capacity and cognitive deficits in schizophrenia.

Both house and face WMs were significantly impaired in patients with schizophrenia. Additionally, the performances under the high-load condition were lower than that under the low-load condition. Given the poor performance under high-load condition in the control group as well, this result may be attributed to the difficulty of the high-load task. However, the lack of group by load interaction indicated that the group of patients with schizophrenia was not disproportionately influenced by this difference in load condition during the house and face WM tasks compared with that of the control group. Our observations were consistent with those in previous studies, which reported a variety of object WM deficits

found in object WM tasks, such as DMTS tasks for familiar object and novel shapes^{31–33} and object WM tasks with increasing difficulty,⁴⁵ suggesting that these two components are affected in schizophrenia.

Previous studies have shown that the temporal lobe region plays vital roles in object perception. Lesions in this brain region often result in abnormalities in recognition, identification and naming of different categories of objects.^{46–47} Neuroimaging evidence supports the concept that neurons in different areas of the human temporal lobe have properties that are specialised for different categories of objects. For instance, the response of the fusiform face area (FFA) to images of faces is higher than its response to a variety of non-facial objects.^{48–52} By contrast, the response of the parahippocampal place area (PPA) to images of places, visually presented words, body parts and scenes is higher than its response to faces.^{53–55} Our study revealed significant house and face WM deficits in patients with schizophrenia possibly resulting from cortical deficits of the FFA and the PPA observed in schizophrenia. Furthermore, the performance of the patients with schizophrenia and the controls during the face task was worse than that during the house task. This finding might be in accordance with the concept that different areas of the temporal cortex are selective to facial and building recognition.

Additionally, we observed that the WM performance (RT) under the low-load condition of the face task was negatively correlated with multiple cognitive performances, including processing speed, attention, language and delayed memory deficits, in patients with schizophrenia. Consistent with our finding, previous studies also indicated deficits in multiple cognitive domains in patients with schizophrenia.^{56–57} Additionally, Zhang *et al* also demonstrated that Chinese Han subjects with first episode of schizophrenia showed more severe neurocognitive deficits in the domain of speed of processing.⁵⁸ These results suggested that longer RT correlated with more impaired cognitive functions. The r^2 of correlations of RT with intelligence, processing speed, attention, language and delayed memory ranged from 0.16 to 0.36, which indicated that a portion of cognitive deficits might explain the poor performance during the face WM task. The WM performance under house task was not significantly correlated with cognitive performance, possibly indicating that cognitive deficits might contribute less to the dysfunction of house WM. Collectively, these observations might suggest that processing a stream of face and house WMs depended on distributed brain regions. Our study observed no significant correlation between face or house WM deficits and clinical symptoms and antipsychotic medication doses. This result is perhaps due to most of the patients recruited in our study being in the remission state with low scores of positive and negative symptoms. Previous studies have demonstrated correlations between object WM capacity and the negative symptoms of patients with schizophrenia in the partial remission stage.³²

Limitations

This study was limited by the cross-sectional design of small samples. Future studies with large samples and follow-up studies should be designed to further explore the visual WM deficits in patients with first-episode schizophrenia and the relation with neurocognitive performances.

Implications

Visual WM capacity was examined using a well-validated visual WM task. Our findings indicated that patients with schizophrenia showed significant house and face WM deficits under low-load and high-load conditions of memory relative to healthy controls. Additionally, face and house WM capacities were not related to clinical symptoms, duration of illness or medication but showed high and broad correlations with impaired cognitive function. This research found that visual WM is dramatically impaired in patients with schizophrenia and is strongly correlated with other measures of cognition, suggesting a mechanism that is critical in explaining a portion of the broad cognitive deficits observed in schizophrenia. However, future studies should combine fMRI to elucidate the brain mechanism of changes in visual WM in patients with schizophrenia.

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Contributors All authors contributed to and approved the final manuscript. YL, TB, SS and YZ designed the study; YL wrote the protocol and the first draft of the manuscript; QK, HL and KZ collected the original imaging data; YL and SS managed and analysed the imaging data and ran the statistical analysis.

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Data availability statement Data are available upon reasonable request.

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